

From: [Sara Petrous](#)
To: [Clark, Jacob, DOH](#)
Subject: [EXTERNAL] Psilocybin Hearing Oct 2nd - Public Comment
Date: Tuesday, September 29, 2026 7:37:59 PM

You don't often get email from sarapetrous@gmail.com. [Learn why this is important](#)

CAUTION: This email originated outside of our organization. Exercise caution prior to clicking on links or opening attachments.

Dear Mr. Clark,

I am writing in regards New Mexico's medical psilocybin program hearing on October 2nd. I am a natural medicine facilitator in the state of Colorado, an Army veteran and a former resident of New Mexico. I am also a person who has healed significantly from the use of Psilocybin therapy. As a veteran, I use the VA for all of my health insurance. My breakthrough moments of healing would not be possible or very hard to achieve, if I were to instead rely on the VA in NM to approve my psilocybin facilitation. As you know, the VA uses federal laws and the new law passed for the psilocybin care would not be possible through the VA or very rare with very many hoops to jump through to be approved. I am not able to afford health care through private insurance and it would not be financially viable for me to seek out a private clinician to approve my work with psilocybin in addition to the fees for the therapy. For someone who is seeking deep care and healing, the price of the session is something alone they must save for and consider. If the criteria for approving therapy is controlled as it is currently outlined in the regulations, very few people will receive help or even bother to go through this process. This program is important for people who want to try this therapy in a safe, supportive and legal environment. Without approval people may instead find medicine that has not been tested, or go to another state when the money could be spent in New Mexico.

The training for a natural medicine facilitator is intensive. It covers ethics, cultural awareness, medication, referring clients, working with clients under a variety of emotions and ailments and so many other important topics. These facilitators are trained and ready to help others. We are unique in that we want to help others grow and heal. We want to sit with them through their hardships and help them recover and contribute more to their communities, families and themselves.

This is true healing work that will impact the state of New Mexico positively one person at a time. Please consider making this step easier for people.

Thank you,
Sara Petrous